

Cultivating Common Ground

In giving us the Foundation Stone Meditation, Rudolf Steiner asked us to make our hearts warm in order to do work in the world that is strong in healing. There is much healing needed to be done in North America or Turtle Island as it is called by our indigenous friends. At an annual gathering of the Biodynamic Association, I met Unchatwa, a Mohican Medicine Carrier, who had been gifted a healing dream by the Corn Mother. We became good friends and have supported one another in our mutual intention to develop common ground between our respective spiritual traditions. Unchatwa and several Lakota friends joined Robert Karp and me in a healing ceremony at the Cresset Community Farm in Colorado. Unchatwa asked Robert, Walter Goldstein, Nancy Poer, and me to join and support him and the grandmother council in celebrating the Corn Mother healing ritual in the original homelands of the Mohican people. It is no coincidence that this ceremony will be held shortly before the Christian festival of the free human being, which Steiner told us would be the most important festival of the future, that would unite and heal the divisions between people of all different cultures and traditions. Healing can happen for us as true and humble human beings, the spirit of friendship, respect, and true interest in one another. We invite you to join us in this work of spiritual healing for all people and all beings of this world.

Introduction of Tom Altgelt:

This is the story of people who took real interest in one another and became good friends. Through our friendship we are supporting one another in our respective spiritual traditions and initiatives. Our friendship has enabled us, Unchatwa, Robert Karp, Walter Goldstein, Nancy Poer and Tom to bridge between indigenous ancient spiritual traditions and much more modern spiritual impulses founded in Christ centered mystery wisdom. It is our humble interest in one another that has allowed us to work together on a number of healing ceremonies. This is the story of one such healing initiative.

Unchatwa's Theme:

How a divine feminine perspective, the Corn Grandmother Council, a re-awakening of lost tradition, leads to this wisdom: "We ask our mother to open so we may sow our life-giving seeds within her. We ask her to nurture and help them grow to feed her children. We never push anything into her. We ask if we may enter." This perspective is globally applicable and summarized in a single word, respect. There is opportunity to apply this perspective in all directions "we ask, we ask, we never push, we ask".

*Gratitude and blessings for your contributions.

Unchatwa is a medicine carrier whose maternal lineage is Dutch, German and Russian descent and his paternal lineage is Irish, English and Mohican. His day jobs have spanned dairy farming, cooking, auto mechanics and network engineering. He is also a life long martial artist. Unchatwa was initiated into the healing world at the age of 26. He spent the next 25 years on his own healing journey from addiction, severe childhood trauma and mental illness. During those years there were significant spiritual influences and events including in 1994 when he had a healing vision where he received his name from his great great uncle. That vision led to his initiation to carry medicine through a death ceremony. In 2009 he met his Buddhist friend and teacher Yoonok Kim who taught him about healing through working with the soil and the ancestors in what she called the Happy Universal Garden. He also studied Non-violent Communications and Dialectic behavior Therapy which were personally transformational and he has incorporated those practices into his healing work. In 2010 he read the book Seven Herbs Plants as Teachers by his friend and mentor Matthew Wood and he was catapulted into an 8 year journey of intimacy with his new friends Easter Lily, Yerba Santa, Iris, Sagebrush, Cat's ear, Black Cohosh and Lady's Slipper. That work was instrumental in his development, understanding and co-creation of a corn flower essence which he has carried as personal medicine since the super full moon full lunar eclipse in September 2015. Additionally Unchatwa has been collaborating on revitalization of the Mohican language for more than a decade. Unchatwa was blessed in October 2019 by the corn mother with the dream which detailed her power to heal intergenerational trauma in all beings and the ceremonies he was tasked to bring forward. His life's work is carrying the corn mothers vision for healing and ceremonies forward. Along the way he has had the opportunity to hold ceremonies and help others on their healing journeys.

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Robert Karp is a consultant, educator, writer and social entrepreneur. His work encompasses and weaves together the fields of sustainable and biodynamic agriculture, spiritual development and social transformation. Robert supports individuals, organizations and communities in their striving for wholeness, for inspired leadership and for holistic strategies that can meet the immense challenges of our time. Robert has been deeply influenced by Rudolf Steiner and many other teachers who recognize the working of body, soul and spirit in all dimensions of life, from money to medicine to soil. Robert believes human beings have the capacity to enhance rather than destroy the natural world; to lead history into an upward spiral; and to shape the future out of conscious collaboration with one another and with the spiritual wisdom of our planet. You can learn more about Robert's career and work on this website at www.robertkarp.net or on his linkedin page. View his Café recordings [here](#).

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Tom Altgelt, Co-Host for the Anthroposophical Café, grew up in California and discovered anthroposophy in Germany over four decades ago, while working there as a landscape architect. You can see his biography under "About Us" on our FRAC website. Tom has published a number of articles in "Lilipoh" and "Being Human" magazines on the analogy between the life cycle of a plant and our path of inner development. He is currently on the advisory committee for the Biodynamic Agriculture conference and is the contact person for anthroposophy in Boulder, Colorado. View his Café recordings [here](#).
